

# THEORY-U

Introduction to the Course

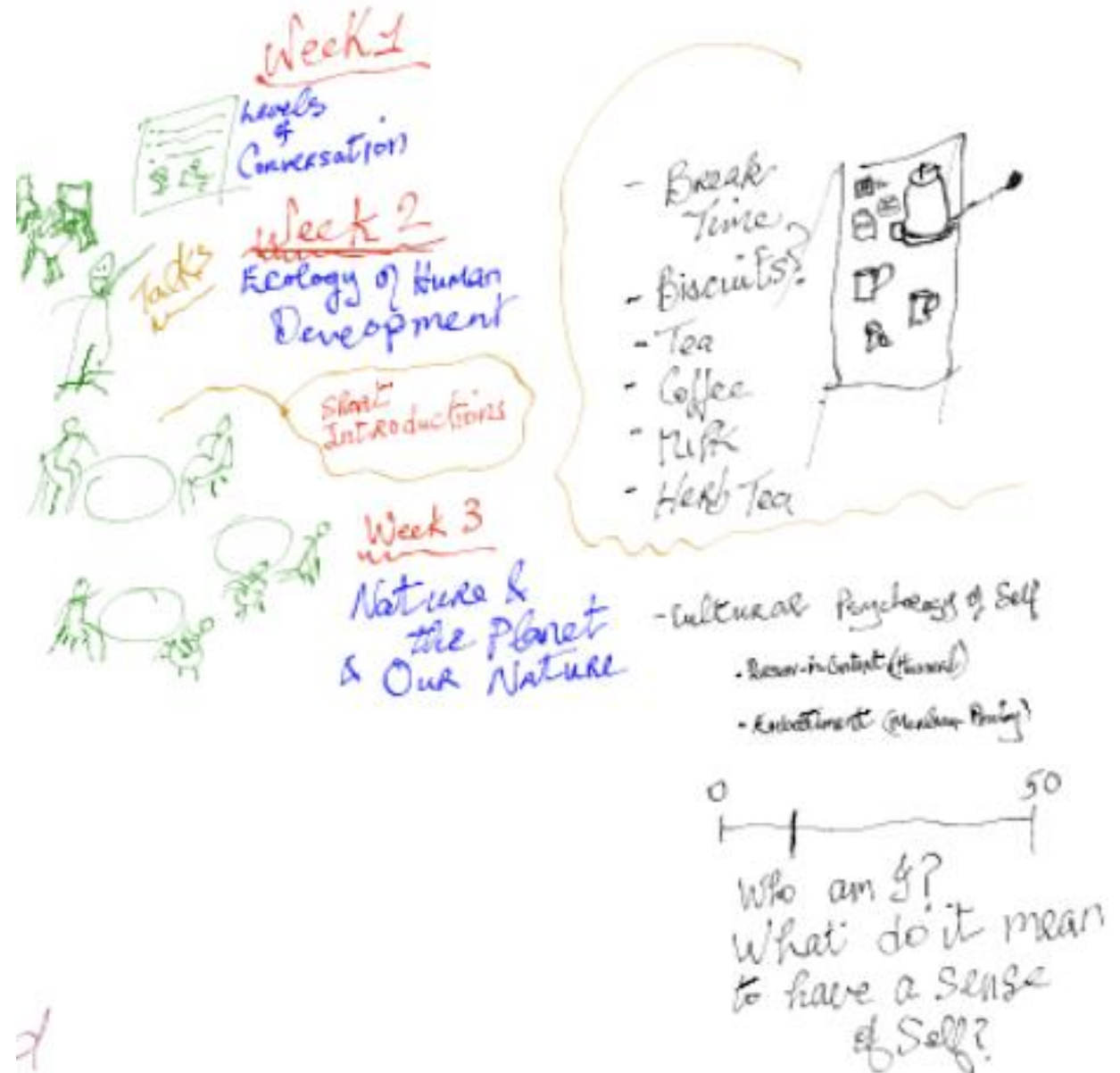


# AE-PN246 - PERSPECTIVES ON PSYCHOLOGY 2

- Introduction
- The Role of Science in Psychology - John Vervaeke & Theory-U
- The Ecological Model of Development
- Positive Psychology
- Jungian Psychology, Myth and Symbol
- Thinking and Problem Solving
- Biopsychology of sleep and nutrition

# PLAN FOR THE WEEKS AHEAD

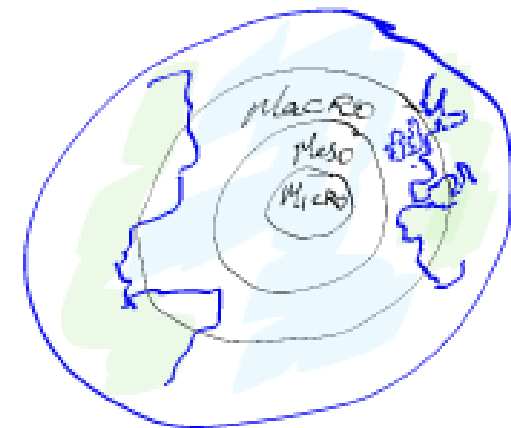
1. Short Introductions
2. About the Course
3. Weekly Format
4. Group Exercise



# AWARENESS BASED SYSTEMS CHANGE - THEORY-U

1. A world in Crisis
2. Discovering the Future
3. Finding the Way
4. Many paths lead to the Same Place
5. There's no Utopia but Humanity can begin to Evolve
6. The Role of Tech in Psychology

Humanity & Earth's  
ecosystems  
must integrate



RELATIONSHIPS

LEVELS  
OF  
CONVERSATION

# Relationships

Deep listening } Levels  
of  
Conversation



Contained  
Not Ready  
to look outside  
own view